SPORTS CULTURAL VALUES ETU IN SUPPORTING SPORTS LEARNING IN NAGEKEO DISTRICT

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ABSTRACT
One cultural heritage of the Indonesian nation is the traditional Etu boxing tradition. Apart from being loaded with various skills and skills for self-defense, studying the Etu custom is also to test the virility and courage of youths in Nagekeo Regency, which is rich with the traditions surrounding it. Sports reviewing Etu customs are rich in socio-cultural values and philosophical meanings. This study aims to determine: 1) The noble values contained in Etu sports, 2) Describe the formation of Community Character in Etu sports, and 3). Describing Sports Activities For Schools. in the Nagekeo district of East Nusa Tenggara, and saw the process of inheriting the traditional Etu sport of boxing from generation to generation. This study uses a data approach obtained using Miles Matthew’s analysis. B and Huberman Michael, which consists of three stages, namely data reduction and data presentation, and ends with concluding. The results of the study show that the study of Etu adat is not just a sport. Sport observing the Etu custom is a means to gain movement experience, which is helpful for the growth and development of physical and fitness, mental and courage, in addition to uniting and familiarizing one another, but values and meaning in society. The process of inheriting the traditional Etu boxing tradition has also been going well until now.

Keywords: Values, Culture, Sport, Etu, Learning

INTRODUCTION
Indonesia, which consists of various ethnic groups, makes the Indonesian nation have different languages, cultures, races, and customs. With various languages, cultures, and customs in society, various rules and norms live and grow and develop in each society. Every community in Indonesia has its traditional games, which are also different from one another. There are also known customary rules in each traditional game, meaning that each ethnic group has its own local wisdom. The word local wisdom (local wisdom), terminally, can be understood as a local idea or view that is wise and full of good-value wisdom embedded and followed by its community members. Following the understanding of Mukti and Winarna (in Bolong 2014: 92), local wisdom (local wisdom) is "a human endeavor by using his mind (cognition) to act and blame something, object or event that occurs in a certain space." kind.

Traditional sports result from community traditions and culture that must be preserved. Today, traditional games are fading and sinking in the currents of global modernization. The current generation is increasingly losing the ability and creativity to understand the principles of local wisdom in the 4.0 industrial revolution era, especially traditional sports, so people must be able to maintain local and traditional culture. Nagekeo Regency, East Nusa Tenggara, has a traditional sport of traditional boxing (etu). This traditional ETU sports game is unique and exciting, contains cultural and traditional values, and upholds the values of sportsmanship,
honesty, cooperation, help, responsibility, discipline, and much more. Again where these things can build character. So this game needs to be preserved by the next generations. Therefore, the authors are interested in conducting research titled "Etu" Sports Cultural Values in Supporting Sports Learning in Nagekeo District.

Etu's traditional boxing sport is a means to gain motion experience that is useful for growth and physical and fitness development. Besides that, the meaning of philosophy is to uphold the values of sportsmanship, honesty, cooperation, mutual help, responsibility, discipline, and many more where these things. It can build the community's character, in addition to uniting, familiarizing one with another, and having a very close relationship with the cultural life of a society. However, people often need to realize that people have carried out sports activities in their cultural life. Likewise, in the life of the people in Nagekeo. One of the distinctive cultures of the Nagekeo people is 'etc. (traditional boxing) Nagekeo. Etu is a traditional boxing ceremonial performance to test the manhood between youths in Nagekeo Regency, Flores, East Nusa Tenggara. Etu means customary boxing in the local language. Etu, or traditional boxing, is different from conventional boxing. The fighters use the kepo as a boxing glove and are made of woven palm fiber. Fighters may only hit their opponent with the hand that uses the kept, while the other hand is only used to parry. Traditional boxing has some uniqueness from boxing conventions, including the equipment used by boxing participants and the rules being very different. As well as having its own unique 'etu' (traditional boxing), it has a very close relationship with boxing in professional sports.

The approach used to explain the relationship between the values of sportsmanship, unity, and courage in the culture of the Nagekeo people and sports. The researcher wants to include all aspects and sports activities in the 'etu' customary review. Thus the community and students can know the aspects of sportsmanship, honesty, cooperation, mutual help, responsibility, discipline, unity, and courage in sports, which are contained in the 'etu' traditional boxing. In addition, the results of this study can also be used by teachers at Nagekeo to provide students with an understanding of the concept of sport in traditional boxing.

This research is only devoted to describing all aspects and values of sportsmanship and all the equipment contained in the traditional boxing typical of Nagekeo NTT (etu). This study will describe the process of carrying out traditional boxing (etu) based on reports from interviews with traditional leaders and participants of the typical Nagekeo boxing (etu).

**RESEARCH METHOD**

This research is qualitative with a phenomenological method approach. The phenomenological method is a strategy for discovering and identifying the essence of human experience about the phenomena to be described by researchers.

**RESULTS AND DISCUSSION**

For the people of Nagekeo Regency. Etu is a traditional boxing ceremonial performance to test virility between youths in Nagekeo Regency, Flores, East Nusa Tenggara. Etu, in the Keo language, means customary boxing. Like boxing, Etu, which is the ancestral heritage of the people of the Nagekeo district, is very different from modern boxing. There are winners and
losers in modern boxing, while in traditional boxing or Etu, nothing loses or wins. It's more of a win-win solution. Apart from that, Etu boxing is also an integral part of a series of customs from planting to harvesting, which has been going on for a long time among the Nagekeo and Ngada tribes. For them, fisting is also part of other traditional rituals that must be carried out at the kisa data (square) of the traditional house (so waja), which is the center of the local community's traditional and cultural activities. In the middle of the kisa data is a two-pronged wooden monument erected on a layered stone (PEO) which denotes community unity and communion. The day before ETU was held, the community packed Kisa Nata and celebrated that night with music and dance performances (dero).

According to BW as a traditional leader,

"When the fight arrives, the best fighters will represent each village. They don't just box because there are some basic rules that differentiate ETU from the boxing matches we usually watch or professional boxing: First, this sport can only be played by men. Women can take on the role of cheering up by singing folk songs, this role is called dio. Second, players may only use one hand which is wrapped in a boxing glove made of coconut fiber or palm fiber plant palm tree, which in the local language is called Keppo or Whole".

BW, who is not only a traditional leader but a former village head, said:

"These boxing gloves are wrapped around the fighter's hand. While the other hand is not protected by a boxing glove, it can only be used to fend off an opponent because only one hand is used in traditional boxing, while one hand is used to parry".

Another important rule is that there is no time limit for each match. The length of time the match is also determined by the strength of each fighter and how strong he attacks and defends himself from the opponent's punches. New players will be declared defeated when they fall or bleed. In classic boxing matches (etu), the same as professional boxing has referees. The difference is that there are three referees called Seka in this match. This is assisted by 2 sides, namely the person whose job is to control each partner by holding the back end of the sarong they are wearing. When the match starts wildly or out of control, the sike has to pull the end of the cloth, and the fighter will distance himself from the opponent. Sike must be able to control the situation because he is always close to the players. No wonder this battle looks unique, engaging, and attractive.

Based on an interview with RN, a resident in Boawae District, Nagekeo district, said:

"Etu boxing is divided into two categories. Etu coo is usually played on the first day, where the fighters come from outside the village, while Etu meze is done the following day, and the fighters come from within the village itself. In the fight, both representatives from Nagekeo and Ngada both sent their best representatives to compete quickly and agile in duels in the boxing arena. Spectators from both sides will support their best fighters with art performances, musical accompaniment, and dance from various traditional art galleries who come from all over to celebrate the dero night. Including the music typical of the Nagekeo area, namely toda gu music, which is music made of bamboo and played simultaneously by several people.

This traditional boxing motif is purely part of the Nagekeo cultural custom, as a means to celebrate life, and as a tool to unite society. Therefore, even though the ETU players will
definitely experience bruises and even bleeding at the end of every match, they cannot be angry with their opponents. Based on an interview with KW, one of the former ETU boxers said:

"For modern boxing, there are winners and losers, while in traditional boxing or Etu, no one loses or wins. It's more a win-win solution so that each match ends, the winners have to hug each other and wave to the audience," he says again:

"Etu's traditional boxing is also the initiator (pioneer) and attraction of tourism in Nagekeo district where Nagekeo district is one of the districts on the island of Flores, which is a world tourist destination."

This knight's attitude is a symbol of peace, brotherhood, and union, following the noble values of their culture and upholding the value of sportsmanship. This tradition also establishes the harmonization of brotherhood and family ties among fellow Nagekeo residents with blood ties. This is supported by the opinion of Ajito Timoteus (2022:10) that issues or disputes based on local wisdom are easier to implement, obey the parties, respect plurality, maintain sustainable kinship relations, harmony, cultural democracy, collective, justified, theologically, has a legal style, is accepted sociologically and has a high level of trust (liability).

Based on an interview with MS, one of the sports teachers and community leaders in the Nagekeo district said:

"Students need sufficient physical activity to stimulate the growth and development of children. Physical activity will also be beneficial for the health and fitness of the child's body. One of the physical activities that children often do is play a game. Playing has many benefits for children; for example, children are happy, can make friends, enrich their movements, and can learn new skills."

Furthermore, MS added:

"Traditional games are a means of playing for children. Apart from being beneficial for children's health, fitness and growth and development, there are also positive values contained in traditional games such as honesty, cooperation, sportsmanship, mutual help, responsibility, discipline and many more where these things can build children's character. Traditional games are a means of playing for children which are beneficial for health, fitness and child development. There are also positive values contained in traditional games such as honesty, cooperation, sportsmanship, please help, responsibility, discipline and many more. these things can build a child's character".

The current generation is increasingly losing the ability and creativity to understand the principles of local wisdom in the 4.0 industrial revolution era, especially traditional sports, so people must be able to maintain local and traditional culture. Nagekeo Regency, East Nusa Tenggara, has a traditional boxing sport (etu). This traditional ETU sports game is unique and exciting, contains cultural and traditional values, and promotes high values of sportsmanship, honesty, cooperation, mutual help, responsibility, discipline, and many more, where these things can build character. So this game needs to be preserved by the next generations.

Based on the results of interviews that have been conducted with resource persons, namely traditional leaders, boxing participants, physical education teachers, and the local community, who have practiced traditional boxing (etu), it turns out that in traditional boxing (etu) there are so many values of sportsmanship that we can see, Etu's traditional boxing sport is a means to
gain movement experience which is helpful for growth and development of physical and fitness, mental and courage, in addition to uniting and familiarizing one another.

CONCLUSION

Withdrawal is only a partial conclusion of an activity from a complete configuration Milles and Huberman (1992:19). The data in the form of the "Etu" Sports Cultural Value in Supporting Sports Learning in Nagekeo Regency, East Nusa Tenggara, and its relevance to the lives of the local community that has been stated in the presentation of the data are interpreted and then analyzed to obtain the following conclusions: The noble values contained in Etu. Etu traditional boxing is an ancestral heritage of the people of the Nagekeo district, very different from modern boxing. There are winners and losers in modern boxing, while in traditional boxing or Etu, nothing loses or wins. It's more of a win-win solution. Apart from that, boxing etu is also an integral part of a series of customs from planting to harvesting, which has been going on for a long time among the Nagekeo tribe and continues to be carried out every year. Etu's traditional boxing is also the initiator (pioneer) and attraction tourism in the Nagekeo district, where Nagekeo district is one of the regencies on the island of Flores, which is a world tourist destination. Describe the formation of Community Character in etu sports. In modern boxing, there are winners and losers, while in traditional boxing or Etu, no one loses or wins. It's more of a win-win solution so that every match ends. The endings have to hug each other and wave to the audience. This knight's attitude is a symbol of peace, brotherhood and unity, and familiarity under their culture's noble values, which upholds sportsmanship, honesty, cooperation, mutual help, responsibility, discipline, and many more where these things can be built community character. This tradition also establishes the harmonization of brotherhood and family ties among themselves. Describe sports activities for schools Traditional games found in Nagekeo Regency are still often used as a medium in the physical education learning process in both primary and secondary schools. The discovery is that the existence of traditional games in the Nagekeo district cannot be separated from the role of the physical education teacher, who always inserts traditional games in almost every physical education lesson. The teachers make learning activities a means of introducing and removing traditional games in the Nagekeo district. Therefore, the role of Physical education teachers is significant in facilitating children to introduce Etu traditional boxing and actively participate in it to overcome the nation's cultural heritage.

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