

APPLICATION OF THE CONCEPT OF GENDER EQUALITY IN CHILDREN'S PARENTING PATTERNS

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ABSTRACT

Parents, especially children in parenting, must achieve gender equality as early as possible. Therefore, the purpose of this study is to examine and describe the application of the concept of gender equality in parenting. The research method used in this study is a qualitative descriptive method. The type of data used in this research is qualitative data, which is divided into primary data and secondary data. Sources of data obtained through library research techniques refer to sources available online and offline, such as scientific journals, books, and news from trusted sources. The results of the study concluded that the Mubdalam concept is one of the concepts of gender equality that emphasizes partnership and cooperation of two people involved, contributing to each other according to their respective abilities, so that both parties benefit from the collaboration. The principle of interdependence is the basis of the concept of mublah, which is in line with human nature not to live alone but side by side with others. Allah SWT. Human men and women were created to be the subject of life, so that the status of both is the same. This concept is a related concept that will be applied in child care to provide children with an initial understanding of gender equality.

Keywords: Gender Equality, Mubadalah, Parenting

INTRODUCTION

Discussions about gender often occur, but there are still misunderstandings in understanding the basic concept of gender. This misunderstanding occurs not only among a few people, but also among academics. The word gender is often confused with the word gender or gender, which refers to women. The word "gender" should not only apply to women, but also to men (Mumtazi n.d.).

There is a fundamental difference between sex and gender. Sex is only about biology. Gender, however, is broader and involves monitoring various aspects of biology on a social scale or perspective (Yunus 2022).

Gender as a concept is the result of human thought or engineering, which is formed by the community, so that it is dynamic and can change due to differences in customs, culture, religion, value systems in certain countries, communities, and races. Here, children's gender behavior is understood as a social process that reinforces gender differences when children develop gender norms within the same and different gender groups (Harewood 2014)

Gender equality are programs and activities designed to increase the degree and dignity of women and men. Gender in the global era is about awareness, men's responsibilities and women's empowerment, including fertility (Ekowati, Nggonggoek, and Utomo 2019). Furthermore, gender can change due to historical processes, political, economic, social and cultural changes or development progress (Amalia 2022). Gender equality is listed as a national priority in the National Medium Term Development Plan (RPJMN) 2010-2014. This is done to reduce the negative impact on victims of discrimination. It was explained (Amalia 2022), that discriminatory treatment and inequality can harm and reduce the welfare of marginalized and subordinated parties.

Gender equality and justice need to be instilled in children as early as possible, so that children can realize an understanding of gender equality through behavior. Early childhood is a great time to adopt gender sensitive parenting, which is designed to break the cultural chain of gender bias from an early age. This is important because many things in people's lives are not realized by society, and signs of gender inequality are still visible in real life and in the mass media. This gender inequality can be seen in four indicators, namely access, participation, control and benefits (Darma and Astuti 2022).

The main value of gender equality comes from the smallest environment, namely the family, because the family is the first environment to accept children, where children form attitudes and character, as well as the foundation for further development. through parenting). It is said that the mother's role in raising children is the main one. Therefore, parents, especially children in parenting patterns, must apply the concept of gender equality as early as possible.

With the above background, the purpose of this study is to examine and describe the application of the concept of gender equality in parenting. This research promises to add insight and make a meaningful contribution to the advancement of science, especially in the field of psychology. In addition, this research is expected to be a factor in efforts to increase awareness of gender equality in parenting.

RESEARCH METHOD

The research method used in this study is a qualitative descriptive method. The type of data used in this study is qualitative data, which is divided into two categories, namely primary data and secondary data. Sources of data obtained through library research techniques (Library Research), which refers to sources available online and offline, such as: scientific journals, books, and news from trusted sources.

These sources are collected based on discussions and links from one information to another. Data collection techniques used in this study were observation, interviews and research, then analyzed the data and drew conclusions.

RESULT AND DISCUSSION

1. The Concept of Equality (Muballah)

Faqihuddin Abdul Kodir is a Muslim scholar who struggles to express gender inequality. In his lectures he introduced a concept called mublah, or explained as interdependence. Mub is further developed from the point of view of the concept of mutual understanding in relationships, which upholds the principles of equality, solidarity, equality and other similar matters. This interdependence is not limited to husband and wife, but also occurs between children and parents, teachers and students, students and lecturers and other social statuses. Equality of this relationship emphasizes that there is no higher status in the partnership, no justification for pride or tyranny, hegemonic immorality and mutual domination. To realize the task of men, to become servants of the world, to succeed in this task there must be cooperation or joint effort between men and women.

The word "Mubidah" comes from Arabic, which means replacement, replacement, exchange, rotation, exchange, reciprocity. Then in Indonesian, the word mublah can be interpreted as equality between men and women because it is mutually beneficial. Mublah is very much in line with the principles of gender equality, especially in the field of education, namely: first, equal acceptance in schools, such as the right of all genders to equal opportunities and achieving sustainable learning goals. Because it is very unwise to abuse their access to education services under the pretext of gender. Second, Mubudalam also

departs from the assumption that women are only suitable for the kitchen, so there is no need for higher education.

For example, a similar commitment is the right of all genders to commit to seeking information. According to the hadith of the Prophet, being educated is something that Muslims must do completely. Third, equality of position and work, for example, is the same for different people as subjects or actors of improvement (Djamil 2022). As agents of improvement, various human situations play an equal role in organizing, executing, observing, and participating in the consequences of progress. End Fair Opportunity. Gender trends adversely affect young men and women. Sociology requires them to always behave like stereotypes or structures in society in general. For example, young women must be attractive, not rude, and serve. At the same time, young people should be strong, strong, fearless, etc. This will affect how they live in a social environment and how they will work in the future (Handayani n.d.)

The possibility of Muba lies in ensuring fairness and equality in human relations and encouraging participatory, fair and beneficial cooperation without separation between the two parties. Public space is not only for men, and domestic space is not only for women. The public interest and local interest should benefit as many groups of people as possible in the same way.

Therefore, according to Faqihuddin Abdul Kodir, the concept of mublah is the principle of equality or reciprocity between men and women, which is not only in the relationship between husband and wife, but is widespread in all social structures such as students and teachers, children. and parents. quick. Since Islam also emphasizes that the difference between men and women is faith, not gender, it makes no sense to use gender as a basis for dominating each other in any behavior.

2. Parenting Pattern

Parenting is the concept of relationships that take place in a family, namely the relationship between children and parents, such as how people behave and interact with children, the way they make rules, instill values or norms, give love. . and attention. , and how they make him a role model for their children. Meanwhile, according to Islam, parenting in QS al-Baqarah Article 20 implicitly explains the guidelines or treatment of parenting according to Islamic education, namely knowing not only children on the one hand, but children on the other. hand. In the case of a child application or in good faith. In many ways, such as how to treat orphans, how to do good, how to protect, nurture, care for, how to nurture carefully.

Parenting is closely related to family efforts to provide comfort, such as friendship, support, and good communication with children who are still in their infancy. This parenting pattern is designed to support the physical, emotional, empathic, financial and intellectual development of children from birth to growth and development. Parents are responsible for these things because they are the first to teach all kinds of knowledge, both theoretical and practical (Silalahi et al. 2022).

From this understanding, parenting is a way for parents to educate and protect their children from infancy to adulthood. The role of fathers and mothers is very important here, so that parenting is closely related to the role of kinship in the family, involves the transmission of emotions and empathy, as well as practical problems.

From a child's point of view, family is their first place to learn, grow and develop. If the child feels a warm, comfortable and peaceful atmosphere at home, then it is very likely that a person will grow up positively. A good relationship between children and parents plays an

important role in developing one's moral sensitivity. People who live and thrive in moderate relationships grow up to be emotionally stable people (Trilaksono n.d.).

Therefore, choosing the right parenting pattern can have an impact on the growth, development, and behavior of children. Children tend to imitate the habits of the people around them. Strong relationships can be built between children and parents through strong parenting by parents or children and those who care for them. Parenting is important because it helps children develop character, morals, knowledge, skills and much more. Every parent has the right to choose a parenting development philosophy that suits their needs.

There are 3 types of parenting that are usually used in parenting, including:

a. Sorry parents.

This model gives children more open space and time. Children are free to do whatever they like. On the one hand, parents do not really care about their child's growth and development. Parents tend to delegate child care to foundations or other institutions. This pattern can have a negative impact on raising a selfish person, as parents tend to liberate and spoil their children. This selfishness can become a wall that blocks the relationship between children and the rest of society.

b. Authoritarian parenting

This model is often used by parents who often come from childhood experiences and traumas and receive the same type of therapy. This parenting style does not provide room for dialogue. In short, rules are made to control children. Not only that, some people even use this model roughly under the guise of education.

Parents tend to have strict supervision of all the behavior of their children, namely children must obey their parents, and if violated, the child will be punished, usually corporal punishment, which according to experts is detrimental both physically and mentally. child. Mental health. Psychological influences, children become inferior, aggressive, shy. This aggression is formed by anger, disruptive behavior, and other things that are less positive. In addition, parents can combine different parenting styles. Opinions of authoritarian parenting experts can cause various effects on children, such as: instability or difficulty choosing something because of fear, trauma, and difficulty refusing or refusing, fear of opinion, etc.

According to the authors, people who grow up with other people's disorders tend to be less happy and less mentally healthy. Future influences are like people who have been abandoned by those closest to them. In some cases, this parenting can be applied. According to experts, this parenting model can accommodate people with certain behavioral problems, such as setting curfews.

c. Authoritative parents

This parenting style is the most recommended parenting style for guardians. Because in this parenting, children have clear boundaries and consistency. This parenting style also does not use violence. Parents provide space for children to discuss. Like understanding why parents apply certain rules to them.

In short, this kind of parenting does not allow children to move freely, but according to him it is suitable for controlling children who do not need to. Interestingly, guardians give children freedom of choice and are responsible for their decisions. This parenting has positive effects, such as children becoming more social, problem solving, collaborative, more confident, and more innovative.

d. Democratic parenting

The concept is a parenting style that prioritizes the child's point of view. So, the freedom to be creative and explore many things is still given by parents. This parenting pattern reflects

the maturity of parents as parents in raising, not demanding, and guiding their children according to local conditions.

The concept also strengthens the relationship between various parties in the family. The freedom of children in this kind of parenting does not mean that there are no rules at all, parents still provide certain rules and limits on what can and cannot be done so that the number of children remains on the right track. Parents have several descriptions of democratic parenting, including: First, children are not prosecuted, namely parents do not expect anything beyond the child's ability.

They value and understand that everyone has unique and distinctive skills. Second, giving understanding, children are free to choose what they like, but parents will still give rules as a signal, so that every child will make mistakes and he will realize the consequences of his mistakes without feeling constrained.

The author argues that, from several concepts described above, democratic parenting is a model of parenting that is in accordance with the concept of *mublah* proposed by Faqihudin Abdul Kodir. This is because in this democratic parenting style, parents respect and understand whether their children have their own skills, regardless of gender. Children are free to choose according to their preferences, although there are still some signs that must be followed.

This parenting pattern does not conflict with the concept of *muballah* or reciprocity, which views the individual not from the side of gender but from the side of the potential that must be developed. Therefore, parents are obliged to discuss with their children equally, according to the needs of the child, not according to the ego of the parent towards the child. The family is the child's first environment, and children's development and behavior are the result of imitating their parents. In addition, parents as the party responsible for the education of their children also have a great influence on the development of their children's education. Family plays an important role because it is the main foundation where children learn many things. Parental roles are behaviors associated with parents taking certain positions in the family, where they act as caregivers, mentors, and educators for their children. There are many types of parenting that parents can use. These diverse parenting patterns will produce various forms of personality in children in the future, for example, authoritarian parenting will lead to indifference, democratic parenting will lead to a confident personality, and parenting will lead to self-confidence and other personalities.

Children grow up under various stresses, such as fear, worry, stress, etc., which will adversely affect the child as they grow up. He will feel aggressive or playful urges that have a negative impact. Maybe the child is creative, but his creativity is directed by him to negative things. Today, there is much prejudice about the role of fathers in raising children, and many believe that only mothers are responsible for raising and educating children. This is a wrong idea because, in general, both parents play an equally important role in raising their children.

The roles of fathers and mothers are the same, there is no greater role, because each has its own role. Although simple, the stigma makes the role of fathers in the family forgotten. In fact, children need not only a dominant mother figure, but also a complete father figure. Specifically, however, the two have different roles. Broadly speaking, the mother's role is to develop children's language skills by paying attention to the mother's actions and behavior, developing a sense of love and affection for children, and inviting children to tell stories or read fairy tales. , and teach children manners.

In general, the role of fathers is to develop children's confidence and competence by inviting them to do activities or play indoors and outdoors, foster a desire to excel by introducing

various ideals, and teach them responsibility. In the book *Adolescence (Development of Youth)*, it is explained that the role of mother is equated with many positive things, such as warmth, selflessness, responsibility, and inclusion. Most women want their mother to be fun and fulfilling. But in reality, choosing to be a mother is socially perceived as a low achievement, related to money, power, and achievement.

Motherhood does not promise these things, and conversely, motherhood is rarely appreciated. When a child does not succeed or causes problems, society tends to blame the mother for the failure, even though psychology explains that child delinquency can be caused by various factors. Likewise with the growth and development of children, so it is not only the mother who causes this to happen. In fact, while the father is also involved in raising the child, the primary responsibility for the child rests with the mother.

In one study, teens said their mothers were more involved in parenting than their fathers. Mothers do two to three times more housework than fathers, but one study found that about 10 percent of men do as much housework as their wives. Because housework is related to love and family, and is closely related to family, it has complex and contradictory meanings.

Women generally enjoy meeting the needs of their loved ones and maintaining family life, even if these activities are not pleasant and satisfying.

The role of fathers has changed significantly. Long ago, in colonial America, the role of fathers was to teach moral lessons to their children. This continued until the Great Depression. At the end of World War II, the role of fathers increased, namely gender-based role models. Then in the 1970s, there was an interest in fathers as parents who cared for and nurtured their children. Not only are they responsible for the discipline, control, and financial needs of their children, but the role of fathers is now beginning to be reflected in the way they raise their children.

Having a father in one family does not guarantee father involvement in raising children, but there are some exceptions where the father shows his commitment as a parent, the rest are fathers who are strangers to their children even though they live in the same house. A loving father, establishes good communication with children, and is reliable, which encourages trust and confidence to be able to encourage children's growth and development in their social life. In an investigation Frank Furstandberg and Kathleen Harris (1992) documented the father's role in raising children.

This can help children get through difficult times. The cooperation between father and mother can help develop positive behavior in children. When both parents equally share the responsibilities of raising children, it will be much easier to deal with changes in the family. When cooperation between parents is built properly, the pressure on the mother becomes less and will have an impact on positive behavior on the husband.

Social construction in society makes parents divide roles on the basis of gender. In the construction, there is an unwritten agreement that the husband's job is to work, and the wife's job is to take care of the house. Whereas between fathers and mothers should collaborate in educating children. This means that housework is not always the responsibility of the mother, the father can also carry out the task. This interdependence or *mublah* is very likely to have an impact on success in providing optimal parenting.

3. Application of the Concept of Gender Equality in Child Parenting

Choosing a parenting style that does not reflect gender equality and justice can lead to gender insensitive behavior in the future. Because as we all know, family education is the most basic and important foundation for children's growth and development.

Home education is a way for children to begin to understand symptoms, whether they can be heard, seen, or felt by children. Through external education, various basic things can be formed, such as character, morals, character, cognitive abilities, attitudes and so on. How important this family is, then family parenting also needs to be carefully considered, so that when children grow up, some genders will be dwarfed by family parenting mistakes.

Children have several stages of development, both mental and physical. The early stages of a child's life are very important for the development process. This period is known as the Golden Age or the Golden Age. The growth and development that occurs in a child will greatly affect his growth and development in the future. In this context, families, especially parents, play an important role in helping children grow and develop and are the closest environment where children learn many things. Implementing good parenting can be one way for parents.

Islam also believes that the family plays an important role in the education of children in Muslim and non-Muslim families. Since the family is the environment in which children initially grow and develop, children are greatly influenced by family members during their prime. Godly children are not born. Children need constant guidance and guidance. There are many kinds of parenting styles, but as mentioned above, parenting that is in accordance with the concept of *muklah* is democratic parenting, namely prioritizing the interests of the child as the most important parenting model, and allowing parents to create a free parenting style for their children. his son. . Kids, but keep doing it. within the agreed range. Hold children accountable for their choices and understand the consequences when they deviate from the right path.

The choice of parenting is important because the future development of children depends on the parenting adopted by the child's parents. Of course, in this case both parents, both father and mother, have the same role, and there must be a relationship so that they can work hand in hand in educating and raising their children. This is in line with the *mublah* concept of a relationship that involves the values of cooperation between two people, and it occurs in relationships of various social statuses, including spouses, parents, and children, regardless of gender differences.

In general, *mublah* is a concept of gender equality with the principle of interdependence and relationship, namely the mutual benefit of two people who have a relationship or relationship. Therefore, women and men have the same rights and opportunities to participate in public and domestic spaces and make the best use of all aspects of life.

Faqihuddin Abdul Kodir introduced the concept of *mublah* (reciprocity). This concept contains the principles of equality, solidarity, equality and other similar things. This principle is a view that is easily accepted by all parties, because there are many verses about it in the Qur'an and Hadith. Regarding marriage, for example, many texts are unjustly interpreted; one is always the subject, the other is mostly the object, the one has more obligations than the other, and the other is the cause of all sorts of chaos in this country. And always be disciplined.

The application of the concept of *mublah* to parenting can be said to be a cooperative process of parents in raising their children. Don't delegate work and responsibilities to one another. In addition, both parents must provide opportunities for children to play various games and jobs, whether these games or jobs can only be played by girls or boys. Provide equal opportunities and responsibilities for boys and girls.

In addition, the division of housework must be done fairly, and both parties agree that gender factors cannot be taken into account, for example girls are only responsible for cleaning

activities such as cooking and mopping, while men are more concerned with painting, , replace the bulb, etc.

Often in homework related skills, technology and electronics, these tasks are always assigned to boys as opposed to girls. At the same time, girls are stressed with tasks related to all "caring" things, such as care, upbringing, and service. Aspects that are emphasized in developing women's education include elements of knowledge and skills that are the basis for self-development. If women are limited to learning certain things, then the development of the potential that exists in women is also hampered. That's the importance of being a parent. Fair and equitable cooperation between fathers and mothers and between sons and daughters to carry out family functions through the division of labor and public, family and social work will greatly facilitate the process of developing goodwill in the family.

With this cooperation, it will reduce the existence of Subordination/Secondation, namely the assumption that one gender is inferior or has a secondary position compared to the other sex. Then there must also be transparency between family members so that mutual trust arises, needs each other, and helps each other when in trouble. This process will give birth to mutual respect. In mublah, everything must be "mutual", meaning that starting from domestic, social tasks, expressing opinions, and several other things are the same and need each other. The freedom that parents give to children when they make decisions can encourage mutual respect and respect between family members.

CONCLUSION

The concept of mublah is one of the concepts of gender equality, which emphasizes the partnership and cooperation of two people in a relationship, contributing to each other according to their respective abilities, so that both of them benefit from the cooperation. The principle of interdependence is the basis of the concept of mublah, which is in line with human nature not to live alone but side by side with others. Allah SWT. Human men and women were created to be the subject of life, so that the status of both is the same. This concept relates to what will be applied to child care so that children learn about gender equality as early as possible.

Parents have a very important role in the development of children. Both are the foundation of a child's first education and the first learning environment. Therefore, it is important for both of them to choose the parenting style that they will adopt when raising their children. This article explains how the concept of muklah, or cooperation and inter-gender relations, can be applied to parenting. This is important considering the many issues surrounding gender comparison in society. The concept of mublah can be applied through the way fathers and mothers raise and educate children together, showing that the word mother is more dominant than father. Both provide opportunities for children to learn about various things such as work, activities and play, but without distinguishing that this activity can only be done by boys and this activity can only be done by girls. This is good for shaping the character of future children so they don't see humans according to their gender.

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